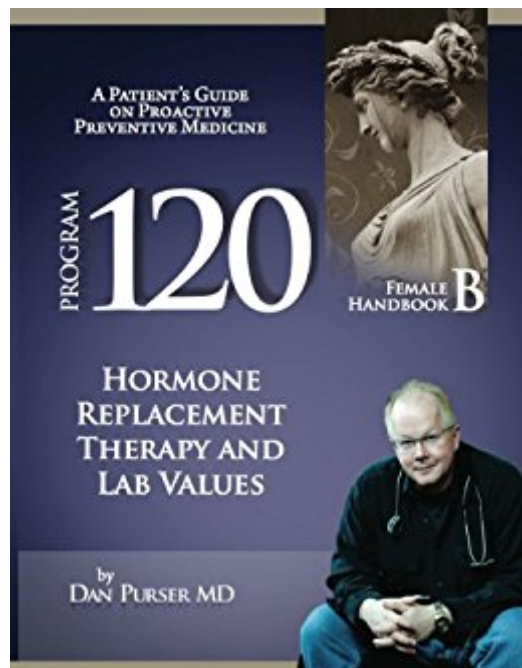




The book was found

Program 120 Female Handbook B: Guide To Prevention Of Stroke, Heart Attack, Lung Cancer, Breast Cancer, Diabetes, Hypertension, Infertility, Thyroid, Arthritis, ... Preventive Medicine Patient For Females)



Synopsis

Program120 Female B Handbook on Preventive Medicine: A condensed version of the last half (on the benefit of hormones) of his famous Program 120 textbook on disease prevention, in this book Dr. Purser, a pituitary endocrinology researcher, lecturer and author, discusses normal lab values in women. He addresses proper testing, diagnosis, and hormone replacement therapy for hormones such as; somatropin, testosterone, thyroid, melatonin, progesterone, estradiol and DHEA. Everything is highly referenced and researched. He also gives steps on how to make your levels normal and to make your life better!

Book Information

File Size: 855 KB

Print Length: 96 pages

Page Numbers Source ISBN: 0984187758

Publication Date: January 6, 2014

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B00D4SBGOY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #903,742 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lung Cancer

#282 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Thyroid Conditions

#555 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer

Customer Reviews

It is obvious from reading this informative book, that Dr. Purser has a real heart to help men and women. It is easy to read and I so appreciate the research that has gone into this! I feel like I have the right information and questions to ask my doctor. I feel empowered to know how to go on in my life at this time when my hormones are not cooperating with me.

It was very helpful

Useful and complete about several issues like bioidentical hormones, exercise, bariatrics, vitamins and all the things we need, thank you

First of all, let me say how impressed I am by Dr. Dan Purser. He is a most generous man with his time in helping us understand a very difficult subject one that is so important. Our health, and primarily how our hormones affect our entire body. Being of the older generation we were given very little information. What the Doctor said we or let me say I did. Yes, I took synthetic hormones and now see how little it did for me. Why did I gain so much weight and was so tired? Nobody knew just Diet was the buzz word. What a revelation for me when I was introduced to Young Living and their wonderful products. I began to feel better and yet not until I saw Dan Purser speak did I know what I had been doing to my body. That night I threw away all my medications that he had said were so bad for us. A lot of what he said went over my head, because it was so new and astonishing. I didn't know a Doctor, such a fine one with honours, would sit and take time after his talk for everyone to come and speak with him. He takes the time to message me when I ask him questions and so I wanted to go further and read his books. He makes a dull subject come alive with his humour and yet very documented and well written on a subject we all need and ultimately want to learn about. I am taking his progessence plus and other supplements he recommends and hopefully my health will improve to the point where others will notice and ask what is different about me. I am ordering his pamphlets and cards to distribute when the time comes.

Girls/Women are you suffering? This book gives you all the information you need to ensure you are getting the best care possible for women of all ages. It tells you what the optimum ranges are for optimum health and how to get there. The book lists symptoms and solutions!! I am so impressed I am going to buy 3 more, one for my GYN, one for my GP & one for a spare to give as a Christmas present (will probably need more). Don't stay in the dark, you have the right to know what is going on. Awesome help, Thank You So Much Dr. Purser, wish you were closer.

I'm like a sponge ready to absorb everything I can get my hands on regarding essential oils. I've been able to use EO's in placement of prescription meds. Looking for healthier alternatives for my families well-being.

What a revelation. Much thanks for writing this in layman's terms to where a common person could understand .Lots of great info I now have a better understanding of what has been going on with my system and what I need to do to help aid symptoms have been exhibiting for quiet some time. I recommend reading ! Thank you Dr. Purser.

Reading through the book was a bit difficult at first, not familiar with all the jargon, however I found the information to be so valuable! Providing great points to look out for, to check or even questions to ask my doctor about and not just take a simple answer but to become more proactive in my personal health. Thank you so much Dr. Purser!

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